

WINTER 2017

Mundijong Heritage Community Garden



Remembering the Past • Sharing the Present • Building the Future

WHAT'S ON!

AUGUST 12th

S.J.

Community Fair

OCTOBER 29th

10am

Church Service

WEEKLY EVENTS:

Monday

A.A. 7pm

Friday

A.A. 7pm

Saturday

Garden Open
from 10am

Sunday

Al-Anon 6pm

2nd & 4th MONDAY OF EACH MONTH:

Mosaic Matters

9am - 12pm

2nd & 4th FRIDAY OF EACH MONTH:

Bible Study

1pm - 2pm

WOW! Look at us now!

-Marilyn Marsden

The first two weeks of May were wonderful with fellowship, productivity, laughs and surprises at the Mundijong Heritage Uniting Church.

Volunteers from the organisation Mobile Mission Maintenance (MMM) arrived in Mundijong on April 29th, to give the church building a major facelift. Many of the old timbers have been replaced and the whole exterior has had a much-needed coat of paint to freshen it up, and a heritage window was installed into the children's area.

MMM is a mission organisation operating throughout Australia and neighboring countries, which supports Christian ministries by providing building, maintenance and other practical services. The MMM volunteers have traveled from NSW and Victoria in a caravan safari, working on various projects - starting in Esperance, and will continue on to Geraldton completing 8 projects whilst in the state.

The visit commenced with a welcome Church service on April 30th, with around 60 in attendance. The service was led by Rev David De Kock, General Manager of the Uniting Church in WA, and we welcomed the Tongan Youth band from the Beth Shalom Uniting Church who lead us in song, and performed many songs in Tongan.

A delicious lunch on a lovely sunny day in the garden followed, giving locals and visitors an opportunity to meet, get to know other another and have some preliminary discussions about the work ahead.

On Monday May 1st, work started in earnest, with the replacement of timbers and expansion of the entry to accommodate wheelchairs and prams. A very sleepy possum was woken from his winter's nap, when the window space was cut out from the back wall!!

The weather was amazing for the whole fortnight, with the sun shining and occasional light breezes to help the paint dry more quickly!

We would like to thank all those who have donated goods for our catering efforts, in particular John Lightbody, Mundijong IGA, all the individuals who have cooked and brought in dishes and cakes to share and Brett Martin for his amazing lamb stew!



WHAT IS AL-ANON?

The Al-Anon Family Groups are a fellowship of men and women, relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family disease and that changed attitudes can aid recovery.

Al-Anon is not allied with any sect, denomination, political entity, organisation or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership; Al-Anon is self-supporting through its own voluntary contributions. We are not a charity. Al-Anon is a spiritual program, not a religious one. Persons of any class, colour or creed are welcome; we leave religion outside the door.

Al-Anon has but one purpose; to help families of alcoholics. We do this by practising a Twelve Step program, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic. The concept of goodwill is simply maintaining our positive relationships and reputation as we work with others. Al-Anon exhibits goodwill when it works harmoniously in the community to provide information and carry the message of hope.

The Al-Anon Fellowship is world-wide; there are many groups in countries all around the world. In Australia we have public liability insurance for one million dollars.

What we do.

We come together in groups, using first names only. As stated above, we share experience, strength and hope with one another. We guard with care the anonymity of all who come, never revealing personal details to anyone outside the fellowship. Your anonymity is respected at all times. In this way you are free to share what is in your heart and mind, knowing that it will go no further.

The following is an extract from an Al-Anon book, "How Al-Anon Works":-

"Even if we have no idea whether or not anyone around us has had a drinking problem, we can see the effect of alcoholism in our own lives if we know what to look for. We who have been affected by someone else's drinking find ourselves inexplicably haunted by insecurity, guilt, obsession with others, or an overwhelming need to control every person and situation we encounter. And although our loved ones appear to be the ones with the problems, we secretly blame ourselves, feeling that we are somehow the cause of the trouble or that we should have been able to overcome it with love, prayer, hard work, intelligence or perseverance.

We know something is very wrong, but we can't figure out what it is, or we think we have identified the problem but can never seem to solve it. We may suspect that drinking has something to do with our situation, but we don't really want to think about it; after all alcoholism can be embarrassing."



Local contacts:

Judith 0466 726 139

Marilyn 0404 671 767

Michelle 0417 985 021

Susan 0421 840 502

MOSAIC MATTERS

-Sam N. & Marilyn Marsden

The Mosaics Group are currently working on creative and colourful pots.

These pots will be for sale from the Mundijong Heritage Community Garden at the Serpentine-Jarrahdale Community Fair on August 12th.

The ladies have had a lot of fun designing and mosaicking whilst chatting and making new friendships.

In the past few months, we have happily welcomed three new members whilst with some sadness we farewelled one of our original group members.

The last panel for the kitchen has been put on hold until after the fair and we look forward to getting back to it!



THE GARDEN REPORT

-Susan Bowerman & Steve Marsden

Weeded the garden beds, chopped down the big pine tree out front, mulch been delivered waiting to be spread out. Moved the compost bins to start new compost near the back shed. We pruned the mulberry tree, the black fig and hibiscus near back door, the Grevillea, to neaten up. Pruning gives neighboring plants a chance to grow, so the sun shines on them.

Old wood was burnt off where the old sleeper lay in the front carpark and is now getting set up for a rest area. Two signs erected in the front garden and an 'emergency assembly' sign put up in the corner of the carpark. The 'she oak' pine pruned also front and rear Wormwood bushes. Wormwood is a silvery green leafed bush comes out with yellow flowers. We have a lot of self-sown butter crunch lettuce growing.

The wooden stage is getting tidied up and the idea of a children's cubby might be built soon. Thank you to the MMM volunteers who helped upgrade the church building and the signs, Belinda H for the table and chairs and the green house. Coming up on the 12th of August is the SJ Community fair in Mundijong, the street will be closed but we certainly aren't! Come past and say hello, all welcome.

What's been planted and what's growing?

Planted silver beet, English marigolds, strawberries, chamomile, a Manuka tea tree from New Zealand, queen protea, extra rhubarb, divided up. Red cabbage, green cabbage, herbs Stevia and lemon balm, a Vietnamese mint, lemon verbena, lemon thyme and a blue/mauve bush flowers. Put in an ancient plant called 'Tansy', used in the making of ice cream. Put in a native ginger near the water tank along with catnip, planted native 'Status' and other Australian wildflowers in the front verge beds, Cornflowers and strawflowers.

Lots of flower seed went in but nothing has come up yet as bugs might have gotten them. Poppies and succulents were planted in the front carpark beds for spring flowering also the silver princess, very picturesque. Native rosemary, Westringia planted, nutmeg plants flowering. Snowbells white starting to flower, on the IGA side of the garden, self-propagating tomatoes, pyrethrums, butterfly bush, in the northern garden, black knight, mauve lilac nutmeg plant flowering.

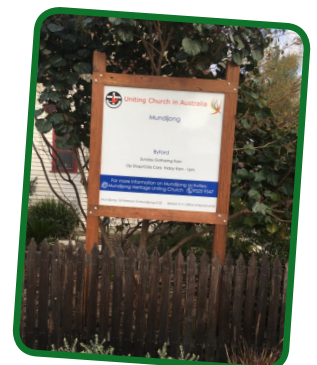
Garlic planted west of the banana trees, self-sown parsley is coming up, comfrey planted on the east side of the banana palm, which is an active compost releasing nitrogen, potassium, and phosphorous into the soil. Two artichokes, a tamarillo plant near the old farmers blade, hollyhock's blooming, shallots and the native frangipani needs pruning. Winter rains make the garden bright and clean, colours of the flowers really stand out on a grey and cloudy day, purple lavenders stand tall, 'bird of paradise' looks striking, come and have a look, bye for now.



CHECK IT OUT!

If you have been past us in the last month you may have noticed the new signage out the front! They consist of a historical read about the Mundijong Heritage Uniting Church and the other is an event notice board.


The metal signs were designed and printed by Marinda at MS Print & Design (our Newsletter Editor) and the wooden frames were hand crafted by the lads at the Serpentine Jarrahdale Men's Shed.



Thank you to all our Supporters

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Mundijong Garden Supplies and Hire
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SJ Community Resource Centre
Serpentine Jarrahdale Food and Farm Alliance
Serpentine Jarrahdale Library Friends
Serpentine Jarrahdale Shire
Barry Urban MLA
Uniting Church WA

To download this as Newsletter as a PDF go to www.serpentinevalley.com.au, click on the menu bar and follow these directions: Click on community directory, then environmental groups. We are listed as Mundijong Heritage Community Garden. Previous editions of Growing Together Newsletter are also available to download.



*I will praise you, Lord,
with all my heart;
I will tell of all the marvelous
things you have done.*

PSALM 9:1 (NLT)

CONTACTS

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